

 Ontario Health PROGRESS NOTE		CHART NUMBER: ON-2026-CARE DATE: JUNE 4, 2026 TIME: 18:00 ENCOUNTER TYPE: Ongoing Care 			
PATIENT: Ontario Health System		SEEN BY: A healthcare worker who still believes in care		LOCATION: BARRIE, ONTARIO, CANADA	
CHIEF COMPLAINT: Persistent understaffing, staff burnout, rising wait times, and increasing pressure on healthcare workers across Ontario. HISTORY OF PRESENT ILLNESS: For several years, healthcare workers across Ontario have reported increasing workloads and emotional exhaustion. Many continue caring for patients while short-staffed, covering multiple responsibilities, and trying to give each person the dignity and attention they deserve. Despite fatigue, they continue to show up. • They comfort anxious patients. • They respond in emergencies. • They work weekends, nights, and holidays. And still, many feel stretched beyond what is safe. TO MY FUTURE PATIENT: If you ever feel like your nurse or healthcare worker looks tired, know this: it is not because you are a burden. You matter deeply. Healthcare workers want to give you time, patience, and the best care possible. The hardest part is often not caring enough—it is caring so much while working within a system under strain.				VITAL SIGNS: Workload: High Staffing Level: Low Burnout Risk: Elevated Wait Times: Increasing Compassion: Strong 	
				ASSESSMENT: Dedicated healthcare workers are experiencing unsustainable pressure. Without systemic change, risk of burnout, injury, and staff attrition will continue to rise - impacting patient care. Condition is serious but not untreatable.	
TREATMENT PLAN: • Continue advocating for safer staffing ratios. • Increase protections for frontline healthcare workers. • Support fair wages and retention. • Prioritize worker wellbeing as part of patient care. <i>With the support of SEIU Healthcare,</i> <i>I hope Ontario continues moving toward a system where healthcare workers are protected, respected, and heard.</i> <i>Because when workers feel safe and supported, patients receive stronger care.</i>				ORDERS / REFERRALS: Advocacy: Ongoing Support: SEIU Healthcare Follow up: Continuous Re-evaluate: Regularly 	
PROGNOSIS: Guarded—but hopeful. Condition improves with solidarity, advocacy, and people willing to keep showing up for one another.		FOLLOW UP PLAN: Continue working together for a healthier, fairer Ontario <i>We heal better when we heal together.</i>		SIGNATURE: <i>Maksym Kaliamin</i> Title: RPN, Union Member	