

## **Started From the Frontline, Now I'm Here**

*(Inspired by "Started From the Bottom")*

### **Hook**

Started from the frontline, now I'm here,  
Started from the frontline, now I'm here,  
Hands-on worker year by year,  
Never forgot where I came from here.

### **Verse 1 – My Story**

Vietnam born, raised in Regent Park,  
Big dreams growing from a humble start.  
We leaned on healthcare, social supports too,  
Saw who got help and who slipped right through.

My family worked hard, education came first,  
Teaching me resilience through the best and worst.  
I saw disparities, knew change was overdue,  
So I chose healthcare to give something back too.

An OT serving seniors, newcomers, families like mine,  
From hospitals to homes, helping people through hard times.  
Ten years on the front line taught me what is true:  
The system works best when it works for you.

Now I'm pursuing health administration too,  
Turning clinical experience into a broader view.  
Using research, data, and leadership skills,  
To build a stronger system that serves people well.

### **Verse 2 – For the Patient**

Dear patient, I hope your care is timely and fair,  
Connected across services, with someone always there.  
Better access to doctors, prevention, rehab care,  
So where you live doesn't determine what's there.

You'll be heard and respected, your goals leading the way,  
Not lost in the system from day to day.  
Through an EIDAR lens, equity stays in sight,  
Because culturally relevant care is a patient right.

I remember being that immigrant child before,  
Trying to navigate unfamiliar doors.  
That's why patients stay at the centre of what I do,  
Because every healthcare journey deserves dignity too.

### **Verse 3 – For Healthcare Workers & SEIU**

For healthcare workers, I hope for better days,  
With stronger supports and new pathways to stay.  
Using smart technology to help improve care,  
Giving teams the tools they need when patients need them there.

Building systems that connect and help transitions flow,  
Creating better outcomes as communities grow.  
The next generation of leaders will help pave the way,  
Driving innovation and progress every day.

With SEIU and leaders helping people see it through,  
Building stronger care and workplaces in all that they do.  
Together we'll advocate for workers to succeed,  
Creating healthier systems for every patient in need.

### **Outro**

For every Ontarian, that's the future I pursue.  
And Grandma, receiving home care, I'm thinking of you.  
Started from the frontline, now I'm here—  
Still serving my community, still making change clear.

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### **Started From the Frontline, Now I'm Here**

*(Inspired by "Started From the Bottom" by Drake)*

### **Hook**

Started from the frontline, now I'm here,  
Started from the frontline, now I'm here,  
Learning, serving year by year,  
Never forgot where I came from here.

### **Verse 1: My Story**

Vietnam born, raised in Regent Park,  
Big dreams growing from a humble start.  
We leaned on healthcare, social supports too,  
Saw who got help and who slipped right through.

My family worked hard, education came first,  
Teaching me resilience through the best and worst.  
I saw disparities, knew change was overdue,  
So I chose healthcare to give something back too.

An OT serving seniors, newcomers, families like mine,  
From hospitals to homes, helping people through hard times.  
Ten years on this mission taught me what is true:  
The system works best when it works for you.

Now I'm pursuing health administration too,  
Turning clinical experience into a broader view.  
Using research, data, and leadership insight,  
To connect care and make the system work right.

### **Verse 2: For the Patient**

Dear patient, I hope your care is timely and fair,  
Connected across services, not fragmented everywhere.  
Better access to doctors, prevention, rehab care,  
So where you live doesn't determine what's there.

You'll be heard and respected, your goals leading the way,  
Not lost between providers day to day.  
Through an EIDAR lens, equity stays in sight,  
Because culturally relevant care is a patient's right.

I remember being that immigrant child before,  
Trying to navigate unfamiliar doors.  
That's why patients stay at the centre of what I do,  
Because every healthcare journey deserves dignity too.

### **Verse 3: For Healthcare Workers & SEIU**

For healthcare workers, I hope for better days,  
With stronger supports and new pathways to stay.  
Using smart technology to help improve care,  
Giving teams the tools they need when patients need them there.

Building integrated systems where transitions smoothly flow,  
Breaking down the silos that slow the care we know.  
Creating better outcomes as communities grow.  
The next generation of leaders will help pave the way,  
Driving innovation and progress every day.

With SEIU and leaders helping people see it through,  
Building stronger care and workplaces in all that they do.  
Together we'll advocate for workers to succeed,  
Creating healthier systems for every patient in need.

### **Outro**

For every Ontarian, that's the future I pursue.  
And Grandma, whose home care journey inspired all I do.  
Started from the frontline, now I'm here,  
Still serving my community, still making change clear.